



Cottage Co-Op Nursery School

is proud to sponsor

THE PARENT EDUCATION SERIES

MARK YOUR CALENDARS NOW!

“Re-THINK-ing Discipline”



Tina Bryson, Ph.D.

The goal of this 2-part (two 2-hour dates provided) workshop is to help us rethink what we know about discipline, based on new knowledge about the brain, AND to get some practical tools, phrases, and approaches to start using immediately.

In this workshop, I'll address the discipline issues parents most often ask me about. We'll talk about how to make nurturing and authority go hand in hand, how to get our kids to listen better, and how best to respond to all types of misbehavior at every age. We'll talk about how to use new approaches to discipline that can help us get a more “thinking” response from our kids, maintain connection to our children, and lay the groundwork for optimal brain development. There will be plenty of time for questions and discussion regarding specific challenges or questions you face.

Thursday, March 25th and April 1, 2010

6:30 – 8:30 pm

Crowell Public Library, 1890 Huntington Drive, San Marino, CA 91108

For more information about Tina, visit www.tinabryson.com